

2011 CROSS COUNTRY POST-SEASON ROSTER

BOYS

1. Sean McGorty
2. Logan Miller
3. Faris Sakallah
4. Peter Malander
5. Andris Sturans
6. Ryan McGorty
7. Josh Parshall
8. Adam Huff (1st Alternate)
9. Patrick Linehan (2nd Alternate)
10. Johanan Sowah (3rd Alternate)

GIRLS

1. Kendall Cowne
2. Carolyn Carlson
3. Nora Raheer
4. Natalie Plummer
5. Patricia Cason
6. Samantha Lull
7. Hannah Lull
8. Sydney Pereira (1st Alternate)
9. Sydney Strub (2nd Alternate)
10. Alexandra Sieder (3rd Alternate)

CONCORDE DISTRICT CHAMPIONSHIPS- Burke Lake – Thurs., October 27th- Girls- 4:15 pm/Boys- 4:45 pm

NORTHERN REGION CHAMPIONSHIPS- Burke Lake – Thurs., November 3rd- Girls- 3:15 pm/Boys- 4:00 pm

VIRGINIA AAA STATE CHAMPIONSHIPS- Great Meadow- Sat. Nov. 12th- Girls 11:45 am/Boys- 12:30 pm