

# VHSL State Cross Country Championships

## Group AAA Boys

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VIRGINIA STATE XC AAA BOYS

GREAT MEADOW

Nov. 12, 2011

BLUE SKIES  
Results by runhigh.com

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PLACE	TEAM	POINTS	PLACES OF FINISHERS								AVG. TIME SPREAD	
1	Stafford	87	7	9	17	23	31	69	74	16:20	0:43	
2	Albemarle	102	2	5	6	14	75	90	99	16:14	1:48	
3	Oakton	128	16	19	28	32	33	63	96	16:35	0:20	
4	Mills Godwin	161	12	13	25	52	59	71	87	16:36	1:04	
5	Chantilly	167	1	4	44	45	73	86	101	16:29	2:01	
6*	Thomas Jefferson S &	201	27	29	30	54	61	70	108	16:52	0:39	
7*	Colonial Forge	201	3	10	46	64	78	92	95	16:41	1:45	
8	Ocean Lakes	211	35	38	40	48	50	68	102	16:52	0:15	
9	Douglas Freeman	216	11	18	39	57	91	93	103	16:49	1:28	
10	Midlothian	217	21	26	43	55	72	97	100	16:54	0:48	
11	Deep Run	238	22	34	41	62	79	88	98	16:58	0:53	
12	Battlefield	241	15	37	42	66	81	84	111	16:57	1:07	
13	Robinson	270	8	47	56	77	82	94	106	16:59	1:26	
14	Hickory	292	36	49	53	65	89	107	110	17:08	0:47	
15	Kellam	310	20	58	60	67	105	109	112	17:20	2:01	
16	Western Branch	314	24	51	76	80	83	85	104	17:10	0:54	

Incomplete Teams: Annandale, Atlee, Brook Point, Forest Park, Freedom (South Riding), George C. Marshall, Glen Allen, Grassfield, Hanover, Lake Braddock, Landstown, Maggie Walker, Manchester, Norview, Osbourn Park, Princess Anne, Riverbend, South County, Stone Bridge, Thomas Edison, W T. Woodson, Warwick, West Potomac

### Dual Meet Scores

Albemarle	15 wins
Stafford	14 wins
Mills Godwin	12 wins
Oakton	12 wins
Chantilly	12 wins
Thomas Jefferson S &	10 wins
Ocean Lakes	9 wins
Colonial Forge	8 wins
Douglas Freeman	7 wins
Midlothian	6 wins
Deep Run	5 wins
Battlefield	4 wins
Robinson	3 wins
Hickory	2 wins
Kellam	1 wins
Western Branch	0 wins

PLACE	FINISHER	TIME	PACE
1. Stafford			
7	Greg Bohmke, Sr	16:00	5:10
9	Ian MacLeod, Jr	16:01	5:10
17	Joey Abbatiello, So	16:25	5:18
23	Brandon Hinton, Sr	16:33	5:20
31	Chapin Baxter, Sr	16:43	5:23
69	Ryan Hazelgren, Jr	17:19	5:35
74	Tanner Wendtladt, So	17:22	5:36
Total Time = 1:21:40		Total Places = 87	
2. Albemarle			
2	Adam Visokay, Sr	15:34	5:01
5	Ben Deal, Sr	15:55	5:08
6	Ryan Thomas, So	15:59	5:09
14	Chris Springer, Sr	16:18	5:15
75	Aaron Elder, Jr	17:22	5:36
90	William Hunt, Sr	17:33	5:39
99	Joe Krohn, Jr	17:49	5:45
Total Time = 1:21:06		Total Places = 102	
3. Oakton			
16	Gregory Petruncio, Sr	16:25	5:17
19	Michael McNamee, Sr	16:28	5:19
28	Christopher Jewell, Sr	16:38	5:22
32	Pratik Singh, Sr	16:43	5:23
33	David Atkinson, So	16:44	5:24
63	Patrick Eberhart, Sr	17:16	5:34
96	Michael Raiti, Sr	17:42	5:42
Total Time = 1:22:55		Total Places = 128	
4. Mills Godwin			

12	Dan De Nijs, Sr	16:06	5:12
13	Andrew Benfer, Sr	16:11	5:13
25	Carter LaBoue, Sr	16:35	5:21
52	Ben Lynde, Sr	17:00	5:29
59	Ryan Fresco, Fr	17:10	5:32
71	Callum Weinberg, Sr	17:19	5:35
87	Bruce Schlesman, Sr	17:30	5:39
Total Time = 1:23:00		Total Places = 161	

## 5. Chantilly

1	Sean McGorty, Jr	15:21	4:57
4	Logan Miller, Jr	15:54	5:08
44	Faris Sakallah, Jr	16:55	5:27
45	Peter Malander, So	16:56	5:27
73	Ryan McGorty, Fr	17:21	5:36
86	Adam Huff, So	17:29	5:38
101	Joshua Parshall, Jr	17:57	5:47
Total Time = 1:22:25		Total Places = 167	

## 6\*. Thomas Jefferson S &amp;

27	Michael Wattendorf, Sr	16:36	5:21
29	Andrew O'Shea, Sr	16:40	5:22
30	Chris Rom, Sr	16:40	5:22
54	Dan Matson, Jr	17:09	5:32
61	Jacob Zucker, Sr	17:15	5:34
70	Greg Anderson, Jr	17:19	5:35
108	Elliot Simon, Sr	18:53	6:05
Total Time = 1:24:17		Total Places = 201	

## 7\*. Colonial Forge

3	Brian O'Loughlin, Sr	15:41	5:03
10	David Pennessi, Sr	16:04	5:11
46	Andrew Boykin, Jr	16:57	5:28
64	Ricky Cappetta, Sr	17:17	5:34
78	Chris Rosati, Jr	17:25	5:37
92	Colin Doescher, So	17:35	5:40
95	Alex Galatro, So	17:40	5:42
Total Time = 1:23:21		Total Places = 201	

## 8. Ocean Lakes

35	Austin Gillies, Sr	16:45	5:24
38	David Harrison, Sr	16:47	5:25
40	Brandon Winters, Sr	16:51	5:26
48	Daniel Read, So	16:58	5:28
50	John Will, So	16:59	5:29
68	Conner Culley, Sr	17:18	5:35
102	Joseph Cowen, Sr	18:01	5:48
Total Time = 1:24:18		Total Places = 211	

## 9. Douglas Freeman

11	Ronnie Calkins, Jr	16:06	5:11
18	Ian McDonald, Jr	16:26	5:18
39	Sam O'Connor, So	16:49	5:25
57	Robert Gilligan, Sr	17:09	5:32
91	Kevin McCarthy, Jr	17:33	5:40
93	Tate Houff, Sr	17:36	5:41
103	Marshall Irby, Sr	18:20	5:55
Total Time = 1:24:02		Total Places = 216	

## 10. Midlothian

21	Sean Willard, Jr	16:32	5:20
26	Ryan Peterson, Sr	16:35	5:21
43	Andrew Gorsuch, Jr	16:55	5:27
55	Kyle Dow, Sr	17:09	5:32
72	Tommy Mulroy, So	17:19	5:35
97	Collin Hahn, Fr	17:44	5:43
100	Elijah Shaw, Jr	17:52	5:46
Total Time = 1:24:28		Total Places = 217	

## 11. Deep Run

22	Alan Weaver, Sr	16:33	5:20
34	Grayson Reid, So	16:44	5:24
41	Collin Sheppard, Sr	16:52	5:26
62	Matthew Novak, Fr	17:15	5:34
79	Tucker Robinson, Sr	17:25	5:37
88	Will Brennan, Sr	17:31	5:39
98	Brice Hornsby, Jr	17:46	5:44
Total Time = 1:24:46		Total Places = 238	

## 12. Battlefield

15	Haben Zemichael, So	16:19	5:16
37	Connor Lee, Jr	16:46	5:24
42	Luke Mazzu, Jr	16:55	5:27
66	Ryan Miller, So	17:18	5:35
81	Cameron Henken, Jr	17:26	5:37
84	Brandon Lee, Jr	17:28	5:38
111	Aaron Hill, So	19:16	6:13
Total Time = 1:24:42		Total Places = 241	

## 13. Robinson

8	Patrick Spahn, Sr	16:01	5:10
47	John Tolbert, So	16:58	5:28
56	Leif Van Acker, Jr	17:09	5:32
77	Dustin Jutras, So	17:24	5:37
82	David Janas, Sr	17:26	5:37
94	Nathan Schulte, So	17:39	5:42
106	Jordan Buzzell, Jr	18:33	5:59
Total Time = 1:24:55		Total Places = 270	

## 14. Hickory

36	Micah Ellington, So	16:46	5:24
49	Michael Sanders, Sr	16:59	5:28
53	Gabe Wolstenholme, Jr	17:07	5:31
65	James Kling, Sr	17:18	5:35
89	Andrew Eason, So	17:32	5:39
107	Josh Halsted, Jr	18:47	6:03
110	Paul McElroy, Jr	19:06	6:10
Total Time = 1:25:40		Total Places = 292	

15. Kellam

20	Sean Helmke, Sr	16:29	5:19
58	Billy Boros, Jr	17:10	5:32
60	Robert Taylor, Sr	17:14	5:33
67	Zion Gregory, Jr	17:18	5:35
105	Mikel Manthey, Sr	18:29	5:58
109	Ryan Zarkowski, Fr	18:55	6:06
112	Aran Grieser, So	19:53	6:25
Total Time = 1:26:37		Total Places = 310	

16. Western Branch

24	Nick Richardson, Jr	16:34	5:20
51	Michael Wynn, So	17:00	5:29
76	Alex Reel, Sr	17:23	5:36
80	Andrew Werner, Sr	17:25	5:37
83	Tyson Robinson, Fr	17:27	5:38
85	Nate Mickelson, Sr	17:28	5:38
104	Justin Sikes, Jr	18:26	5:57
Total Time = 1:25:46		Total Places = 314	

TEAM					
PLACE	SCORE	FINISHER	TIME	PACE	TEAM

Top

1	Ahmed Bile, Sr	15:16	4:55	Annandale
2	1 Sean McGorty, Jr	15:21	4:57	Chantilly

Pace: 5:00 | 6:00 | Top

3	2 Adam Visokay, Sr	15:34	5:01	Albemarle
4	Matthew Schwartz, Sr	15:37	5:02	Princess Anne
5	3 Brian O'Loughlin, Sr	15:41	5:03	Colonial Forge
6	Nick Tuck, Jr	15:45	5:05	Lake Braddock
7	Brent Coulter, Sr	15:49	5:06	Landstown
8	4 Logan Miller, Jr	15:54	5:08	Chantilly
9	5 Ben Deal, Sr	15:55	5:08	Albemarle
10	6 Ryan Thomas, So	15:59	5:09	Albemarle
11	7 Greg Bohmke, Sr	16:00	5:10	Stafford
12	Paul Gates, Sr	16:01	5:10	W T. Woodson
13	8 Patrick Spahn, Sr	16:01	5:10	Robinson
14	9 Ian MacLeod, Jr	16:01	5:10	Stafford
15	Nathaniel Hall, So	16:02	5:10	Atlee
16	10 David Pennessi, Sr	16:04	5:11	Colonial Forge
17	11 Ronnie Calkins, Jr	16:06	5:11	Douglas Freeman
18	12 Dan De Nijs, Sr	16:06	5:12	Mills Godwin
19	Louis Colson, So	16:09	5:12	Thomas Edison
20	Shaquan Wilkens, Sr	16:10	5:13	Riverbend
21	13 Andrew Benfer, Sr	16:11	5:13	Mills Godwin
22	Andrew Gaiser, Jr	16:11	5:13	Forest Park
23	14 Chris Springer, Sr	16:18	5:15	Albemarle
24	15 Haben Zemichael, So	16:19	5:16	Battlefield
25	16 Gregory Petruncio, Sr	16:25	5:17	Oakton
26	17 Joey Abbatiello, So	16:25	5:18	Stafford
27	18 Ian McDonald, Jr	16:26	5:18	Douglas Freeman
28	Brady Guertin, So	16:27	5:18	Stone Bridge
29	19 Michael McNamee, Sr	16:28	5:19	Oakton
30	20 Sean Helmke, Sr	16:29	5:19	Kellam
31	Marquis Worsley, Sr	16:31	5:20	Norview
32	21 Sean Willard, Jr	16:32	5:20	Midlothian
33	22 Alan Weaver, Sr	16:33	5:20	Deep Run
34	23 Brandon Hinton, Sr	16:33	5:20	Stafford
35	24 Nick Richardson, Jr	16:34	5:20	Western Branch
36	25 Carter LaBoue, Sr	16:35	5:21	Mills Godwin
37	26 Ryan Peterson, Sr	16:35	5:21	Midlothian
38	MacKenzie Haight, So	16:35	5:21	George C. Marshall
39	27 Michael Wattendorf, Sr	16:36	5:21	Thomas Jefferson S &
40	Dylan Morgan, Sr	16:37	5:21	South County
41	Thorpe Lichtenberg, Sr	16:37	5:22	Freedom (South Riding)
42	28 Christopher Jewell, Sr	16:38	5:22	Oakton
43	29 Andrew O'Shea, Sr	16:40	5:22	Thomas Jefferson S &
44	30 Chris Rom, Sr	16:40	5:22	Thomas Jefferson S &
45	31 Chapin Baxter, Sr	16:43	5:23	Stafford
46	32 Pratik Singh, Sr	16:43	5:23	Oakton
47	Seth Taylor, Sr	16:43	5:23	Grassfield
48	33 David Atkinson, So	16:44	5:24	Oakton
49	34 Grayson Reid, So	16:44	5:24	Deep Run
50	Cody Wellons, So	16:45	5:24	Manchester
51	35 Austin Gillies, Sr	16:45	5:24	Ocean Lakes
52	36 Micah Ellington, So	16:46	5:24	Hickory
53	37 Connor Lee, Jr	16:46	5:24	Battlefield
54	Andrew Anderson, Sr	16:46	5:25	Maggie Walker
55	38 David Harrison, Sr	16:47	5:25	Ocean Lakes
56	Robert Walker, So	16:48	5:25	Brook Point
57	Stanley Davis, So	16:49	5:25	Glen Allen
58	39 Sam O'Connor, So	16:49	5:25	Douglas Freeman
59	James Poyer, Sr	16:51	5:26	Hanover
60	40 Brandon Winters, Sr	16:51	5:26	Ocean Lakes
61	41 Collin Sheppard, Sr	16:52	5:26	Deep Run
62	42 Luke Mazzu, Jr	16:55	5:27	Battlefield
63	43 Andrew Gorsuch, Jr	16:55	5:27	Midlothian
64	44 Faris Sakallah, Jr	16:55	5:27	Chantilly
65	45 Peter Malander, So	16:56	5:27	Chantilly

66	46	Andrew Boykin, Jr	16:57	5:28	Colonial Forge
67		Brady Corum, Sr	16:57	5:28	West Potomac
68	47	John Tolbert, So	16:58	5:28	Robinson
69	48	Daniel Read, So	16:58	5:28	Ocean Lakes
70	49	Michael Sanders, Sr	16:59	5:28	Hickory
71	50	John Will, So	16:59	5:29	Ocean Lakes
72	51	Michael Wynn, So	17:00	5:29	Western Branch
73	52	Ben Lynde, Sr	17:00	5:29	Mills Godwin
74	53	Gabe Wolstenholme, Jr	17:07	5:31	Hickory
75		Lucas Nachman, Sr	17:08	5:32	Hanover
76	54	Dan Matson, Jr	17:09	5:32	Thomas Jefferson S &
77	55	Kyle Dow, Sr	17:09	5:32	Midlothian
78	56	Leif Van Acker, Jr	17:09	5:32	Robinson
79	57	Robert Gilligan, Sr	17:09	5:32	Douglas Freeman
80	58	Billy Boros, Jr	17:10	5:32	Kellam
81	59	Ryan Fresco, Fr	17:10	5:32	Mills Godwin
82	60	Robert Taylor, Sr	17:14	5:33	Kellam
83	61	Jacob Zucker, Sr	17:15	5:34	Thomas Jefferson S &
84	62	Matthew Novak, Fr	17:15	5:34	Deep Run
85	63	Patrick Eberhart, Sr	17:16	5:34	Oakton
86		Daniel Rimkus, Sr	17:17	5:34	Osbourne Park
87	64	Ricky Cappetta, Sr	17:17	5:34	Colonial Forge
88	65	James Kling, Sr	17:18	5:35	Hickory
89	66	Ryan Miller, So	17:18	5:35	Battlefield
90	67	Zion Gregory, Jr	17:18	5:35	Kellam
91	68	Conner Culley, Sr	17:18	5:35	Ocean Lakes
92	69	Ryan Hazelgren, Jr	17:19	5:35	Stafford
93	70	Greg Anderson, Jr	17:19	5:35	Thomas Jefferson S &
94	71	Callum Weinberg, Sr	17:19	5:35	Mills Godwin
95	72	Tommy Mulroy, So	17:19	5:35	Midlothian
96		Desmond Fogg, Sr	17:20	5:35	Warwick
97	73	Ryan McGorty, Fr	17:21	5:36	Chantilly
98	74	Tanner Wendtlatdt, So	17:22	5:36	Stafford
99	75	Aaron Elder, Jr	17:22	5:36	Albemarle
100		Alexander Midkiff, So	17:23	5:36	Grassfield
101	76	Alex Reel, Sr	17:23	5:36	Western Branch
102	77	Dustin Jutras, So	17:24	5:37	Robinson
103	78	Chris Rosati, Jr	17:25	5:37	Colonial Forge
104	79	Tucker Robinson, Sr	17:25	5:37	Deep Run
105	80	Andrew Werner, Sr	17:25	5:37	Western Branch
106	81	Cameron Henken, Jr	17:26	5:37	Battlefield
107	82	David Janas, Sr	17:26	5:37	Robinson
108	83	Tyson Robinson, Fr	17:27	5:38	Western Branch
109	84	Brandon Lee, Jr	17:28	5:38	Battlefield
110	85	Nate Mickelson, Sr	17:28	5:38	Western Branch
111	86	Adam Huff, So	17:29	5:38	Chantilly
112	87	Bruce Schlesman, Sr	17:30	5:39	Mills Godwin
113	88	Will Brennan, Sr	17:31	5:39	Deep Run
114	89	Andrew Eason, So	17:32	5:39	Hickory
115	90	William Hunt, Sr	17:33	5:39	Albemarle
116	91	Kevin McCarthy, Jr	17:33	5:40	Douglas Freeman
117	92	Colin Doescher, So	17:35	5:40	Colonial Forge
118	93	Tate Houff, Sr	17:36	5:41	Douglas Freeman
119	94	Nathan Schulte, So	17:39	5:42	Robinson
120	95	Alex Galatro, So	17:40	5:42	Colonial Forge
121	96	Michael Raiti, Sr	17:42	5:42	Oakton
122	97	Collin Hahn, Fr	17:44	5:43	Midlothian
123	98	Brice Hornsby, Jr	17:46	5:44	Deep Run
124	99	Joe Krohn, Jr	17:49	5:45	Albemarle
125		Nick Farrell, Sr	17:51	5:45	Lake Braddock
126	100	Elijah Shaw, Jr	17:52	5:46	Midlothian
127	101	Joshua Parshall, Jr	17:57	5:47	Chantilly
128	102	Joseph Cowen, Sr	18:01	5:48	Ocean Lakes
129	103	Marshall Irby, Sr	18:20	5:55	Douglas Freeman
130	104	Justin Sikes, Jr	18:26	5:57	Western Branch
131	105	Mikel Manthey, Sr	18:29	5:58	Kellam
132	106	Jordan Buzzell, Jr	18:33	5:59	Robinson
Pace: 5:00   6:00   Top					
133	107	Josh Halsted, Jr	18:47	6:03	Hickory
134	108	Elliot Simon, Sr	18:53	6:05	Thomas Jefferson S &
135	109	Ryan Zarkowski, Fr	18:55	6:06	Kellam
136	110	Paul McElroy, Jr	19:06	6:10	Hickory
137	111	Aaron Hill, So	19:16	6:13	Battlefield
138	112	Aran Grieser, So	19:53	6:25	Kellam

6 finishers among Men Under 2

31 finishers among Men 2 - 2

34 finishers among Men 3 - 3

67 finishers among Men 4 - 4

138 male finishers

0 female finishers

138 total finishers

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