
Individual Meet Results
2011 Virginia AAA State Cross Country Champs 12-Nov-11**Location: Great Meadow, The Plains, VA****Chantilly HS [CHAN]**

Mark	Convert	Rnd	Name	Age/Yr	Place	Points	Improv
Event # 1 Men 5000m Run State G.M. Open							
15:21.00	4:56.44	F	McGorty, Sean	JR	2	1	-23.00
15:54.00	5:07.06	F	Miller, Logan	JR	8	4	---
16:55.00	5:26.70	F	Sakallah, Faris	JR	64	44	---
16:56.00	5:27.02	F	Malander, Peter	SO	65	45	---
17:21.00	5:35.07	F	McGorty, Ryan	FR	97	73	---
17:29.00	5:37.64	F	Huff, Adam	SO	111	86	---
17:57.00	5:46.65	F	Parshall, Joshua	JR	127	101	---
Event # 2 Women 5000m Run State G.M. Open							
19:54.00	6:24.31	F	Cowne, Alexa	JR	55	---	---