
Relay Top Marks

Marks since: 01-Dec-11
Chantilly HS [CHAN]
Number of Top Times: All

	Time	Convert	Rnd	Relay				
Women Open 4x200m Relay								
1	1:57.57		F	A Relay	12/10/2011	Centreville Winter Challenge		
						Lauren Crafton (JR)	Garmai S. Hundley (JR)	Ciana E. Deveau (SO) Kathryn M. Ingraham (SR)
2	1:59.43		F	A Relay	12/17/2011	=PR= Holiday Invitational		
						Lauren A. Powell (JR)	Ciana E. Deveau (SO)	Shannon M. McKinney (JR) Danielle M. LeFrancois (JR)
		30.20	29.10	29.90	30.23			
3	1:59.68		F	A Relay	12/27/2011	Friends of Indoor Track Invitational 2011		
						Samantha G. Lull (JR)	Lauren A. Powell (JR)	Shannon M. McKinney (JR) Danielle M. LeFrancois (JR)
		28.90	30.70	30.30	29.78			
4	2:02.22		F	B Relay	12/10/2011	Centreville Winter Challenge		
						Mareshah Sowah (SO)	Valerie R. Claunch (JR)	Shannon M. McKinney (JR) Danielle M. LeFrancois (JR)
5	2:04.54		F	B Relay	1/6/2012	Chantilly, GC Marshall & Yorktown		
						Shannon M. McKinney (JR)	Pauline C. Vu (SO)	Garmai S. Hundley (JR) Kathryn M. Ingraham (SR)
		32.60	30.70	30.70	30.54			
6	2:05.44		F	A Relay	12/3/2011	Herndon, Edison & Madison		
						Mareshah Sowah (SO)	Shannon M. McKinney (JR)	Valerie R. Claunch (JR) Kathryn M. Ingraham (SR)
		31.80	31.90	31.10	30.64			
7	2:08.14		F	A Relay	1/6/2012	Chantilly, GC Marshall & Yorktown		
						Danielle M. LeFrancois (JR)	Caroline A. Alkire (SR)	Erika G. Garcia-Montes (SR) Mareshah Sowah (SO)
		31.50	32.10	33.00	31.54			
8	2:14.14		F	C Relay	1/6/2012	Chantilly, GC Marshall & Yorktown		
						Abigail G. Minor (FR)	Morgan E. Carson (FR)	Maria F. Reyes-Chian (SO) Rylie K. Rizzo (SR)
		33.60	33.40	33.70	33.44			
9	2:14.54		F	E Relay	12/3/2011	Herndon, Edison & Madison		
						Morgan E. Carson (FR)	Amanda Filipek (FR)	Kaitlin N. Galindo (FR) Abigail G. Minor (FR)
		33.80	34.00	34.50	32.24			
10	2:15.24		F	B Relay	12/3/2011	Herndon, Edison & Madison		
						Michelle Tran (SO)	Rylie K. Rizzo (SR)	Emily C. Garcia-Montes (FR) Freshta Morrad (FR)
		34.30	32.60	36.10	32.24			
11	2:15.44		F	D Relay	12/3/2011	Herndon, Edison & Madison		
						India A. Geddis (SO)	Maria F. Reyes-Chian (SO)	Ashley P. Nguyen (FR) Erika G. Garcia-Montes (SR)
		34.00	33.70	35.60	32.14			
12	2:15.74		F	B Relay	1/14/2012	GC Marshall, Chantilly, McLean		
						Erika G. Garcia-Montes (SR)	Morgan E. Carson (FR)	Freshta Morrad (FR) Abigail G. Minor (FR)
		34.80	33.90	33.00	34.04			
13	2:15.84		F	A Relay	1/14/2012	GC Marshall, Chantilly, McLean		
						Michelle Tran (SO)	Emily J. Hwang (FR)	India A. Geddis (SO) Caroline M. Manik (SO)
		35.00	34.20	35.10	31.54			
14	2:16.24		F	F Relay	1/6/2012	Chantilly, GC Marshall & Yorktown		
						Amanda Filipek (FR)	Emily J. Hwang (FR)	Ashley P. Nguyen (FR) India A. Geddis (SO)
		34.00	33.50	35.00	33.74			
15	2:17.24		F	C Relay	1/14/2012	GC Marshall, Chantilly, McLean		
						Amanda Filipek (FR)	Emily C. Garcia-Montes (FR)	Ashley P. Nguyen (FR) Johanna T. Le (FR)
		34.20	35.50	35.30	32.24			
16	2:21.84		F	C Relay	12/3/2011	Herndon, Edison & Madison		
						Sahana Kamalesh (FR)	Rachel A. Manning (SO)	Nancy A. Tran (FR) Johanna T. Le (FR)
		35.50	35.70	37.10	33.54			

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Time	Convert	Rnd	Relay		
17	2:22.74	F	E Relay	1/6/2012	Chantilly, GC Marshall & Yorktown
	Michelle Tran (SO)		Kaitlin N. Galindo (FR)	Nancy A. Tran (FR)	Emily C. Garcia-Montes (FR)
	34.70	35.60	37.80	34.64	
18	2:22.94	F	D Relay	1/6/2012	Chantilly, GC Marshall & Yorktown
	Rachel A. Manning (SO)		Sasha T. Meyer (FR)	Nicole C. Manning (SO)	Johanna T. Le (FR)
	37.70	35.40	36.00	33.84	
19	2:27.94	F	D Relay	1/14/2012	GC Marshall, Chantilly, McLean
	Nicole C. Manning (SO)		Rachel A. Manning (SO)	Nancy A. Tran (FR)	Megan I. Macheske (JR)
	37.50	37.30	37.00	36.14	

Women Open 4x400m Relay

1	4:21.90	F	A Relay	1/13/2012	2011 Liberty Flames Invitational
	Alexandra N. Sieder (SO)		Danielle M. LeFrancois (JR)	Samantha G. Lull (JR)	Kendall Cowne (JR)
	1:07.80	1:05.80	1:05.80	1:02.50	
2	4:24.37	F	A Relay	1/26/2012	Concorde District Winter Track Champs 2012
	Alexandra N. Sieder (SO)		Kathryn M. Ingraham (SR)	Danielle M. LeFrancois (JR)	Samantha G. Lull (JR)
	1:07.60	1:07.10	1:05.10	1:04.57	
3	4:29.40	F	A Relay	12/27/2011	Friends of Indoor Track Invitational 2011
	Kendall Cowne (JR)		Samantha G. Lull (JR)	Kathryn M. Ingraham (SR)	Danielle M. LeFrancois (JR)
	1:04.00	1:08.40	1:09.50	1:07.50	
4	4:39.38	F	A Relay	12/17/2011	=PR= Holiday Invitational
	Samantha G. Lull (JR)		Lauren Crafton (JR)	Alexandra N. Sieder (SO)	Danielle M. LeFrancois (JR)
	1:07.40	1:12.30	1:12.60	1:07.08	
5	4:55.34	F	B Relay	1/6/2012	Chantilly, GC Marshall & Yorktown
	Kathryn M. Ingraham (SR)		Erika G. Garcia-Montes (SR)	Ciana E. Deveau (SO)	Danielle M. LeFrancois (JR)
	1:14.90	1:16.20	1:16.00	1:08.24	
6	4:59.00	F	A Relay	1/6/2012	Chantilly, GC Marshall & Yorktown
	Ashley c. Scherbenske (SR)		Jenna L. Scherbenske (SR)	Hannah R. Lull (FR)	Jennifer S. Loh (JR)
	1:15.80	1:14.80	1:16.10	1:12.30	
7	5:05.44	F	A Relay	12/3/2011	Herndon, Edison & Madison
	Abigail G. Minor (FR)		Morgan E. Carson (FR)	India A. Geddis (SO)	Jennifer S. Loh (JR)
	1:14.10	1:20.40	1:20.20	1:10.74	

Women Open 4x800m Relay

1	9:41.07	F	A Relay	2/18/2012	2012 Northern Region Indoor Track Champs
	Alexandra N. Sieder (SO)		Samantha G. Lull (JR)	Nora E. Rahe (SO)	Kendall Cowne (JR)
	2:28.30	2:27.50	2:26.20	2:19.07	
2	9:50.41	F	A Relay	1/26/2012	Concorde District Winter Track Champs 2012
	Alexandra N. Sieder (SO)		Samantha G. Lull (JR)	Nora E. Rahe (SO)	Kendall Cowne (JR)
	2:29.30	2:30.70	2:30.80	2:19.61	
3	10:14.06	F	A Relay	2/24/2012	2012 Virginia AAA State Indoor Track Champs
	Alexandra N. Sieder (SO)		Samantha G. Lull (JR)	Carolyn R. Carlson (SR)	Nora E. Rahe (SO)
	2:28.50	2:37.10	2:37.90	2:30.56	
4	10:25.05	F	A Relay	1/13/2012	2011 Liberty Flames Invitational
	Alexandra N. Sieder (SO)		Samantha G. Lull (JR)	Carolyn R. Carlson (SR)	Nora E. Rahe (SO)
	2:36.60	2:39.70	2:36.00	2:32.75	
5	10:52.18	F	A Relay	12/10/2011	Centreville Winter Challenge
	Nora E. Rahe (SO)		Jenna L. Scherbenske (SR)	Samantha G. Lull (JR)	Alexandra N. Sieder (SO)
	2:33.70	2:42.50	2:46.40	2:49.58	

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6	11:22.72	F	A Relay	12/17/2011	=PR= Holiday Invitational
	Hannah R. Lull (FR)		Sydney E. Strub (SO)	Virginia M. Walsh (SO)	Jennifer S. Loh (JR)
	2:45.80	2:50.10	2:54.60	2:52.22	
Women Open 4000m Distance Medley Relay					
1	13:43.63	F	A Relay	1/7/2012	Montgomery Invitational 2012
	Carolyn R. Carlson (SR)		Alexandra N. Sieder (SO)	Nora E. Raheer (SO)	Samantha G. Lull (JR)
	4:08.20	1:09.10	2:32.50	5:53.83	
Men Open 4x200m Relay					
1	1:36.78	F	A Relay	1/26/2012	Concorde District Winter Track Champs 2012
	Arthur I. McDuffey (SR)		Emeka T. Oputa (SR)	Aaron R. Carson (JR)	Alexander D. Terry (SR)
	24.00	24.80	24.50	23.48	
2	1:38.31	F	A Relay	1/13/2012	2011 Liberty Flames Invitational
	Michael K. Derrios (FR)		Aaron R. Carson (JR)	Carlos Reyes (SO)	Alexander D. Terry (SR)
	24.40	25.00	24.30	24.61	
3	1:39.16	F	A Relay	12/27/2011	Friends of Indoor Track Invitational 2011
	Arthur I. McDuffey (SR)		Alexander D. Terry (SR)	Emeka T. Oputa (SR)	Michael K. Derrios (FR)
	24.50	24.40	25.50	24.76	
4	1:39.34	F	A Relay	12/17/2011	=PR= Holiday Invitational
	Alexander D. Terry (SR)		Aaron R. Carson (JR)	Miles A. Ransom (SR)	Arthur I. McDuffey (SR)
	25.20	25.50	24.90	23.74	
5	1:42.61	F	B Relay	12/10/2011	Centreville Winter Challenge
	Nicholas Ullom (SO)		Arvin Daneshmand (SO)	James Azurin (JR)	Eason E. Recto (SO)
6	1:42.89	F	A Relay	12/10/2011	Centreville Winter Challenge
	Emeka T. Oputa (SR)		Aaron R. Carson (JR)	Jackson S. Tarbell (JR)	Alexander D. Terry (SR)
7	1:44.24	F	A Relay	1/6/2012	Chantilly, GC Marshall & Yorktown
	Jessy Pinto-Moreira (JR)		Aaron R. Carson (JR)	Eason E. Recto (SO)	Carlos Reyes (SO)
	26.30	26.20	26.50	25.24	
8	1:45.14	F	A Relay	12/3/2011	Herndon, Edison & Madison
	Kevin M. Covino (JR)		Jessy Pinto-Moreira (JR)	Aaron R. Carson (JR)	Carlos Reyes (SO)
	26.60	26.50	27.30	24.74	
9	1:46.64	F	D Relay	1/6/2012	Chantilly, GC Marshall & Yorktown
	Richard M. Macheske (FR)		Andrew P. Cragg (SO)	Arvin Daneshmand (SO)	Alexander D. Terry (SR)
	28.00	27.00	26.80	24.84	
10	1:47.04	F	B Relay	12/3/2011	Herndon, Edison & Madison
	Darren T. Almodiel		Rostam Panjshiri (SO)	Jackson S. Tarbell (JR)	Alexander F. Sung (JR)
	27.10	26.90	26.20	26.84	
11	1:47.14	F	C Relay	12/3/2011	Herndon, Edison & Madison
	Sean P. Comerford (FR)		Eason E. Recto (SO)	James Azurin (JR)	Nicholas Ullom (SO)
	27.90	26.10	27.00	26.14	
12	1:49.44	F	D Relay	12/3/2011	Herndon, Edison & Madison
	Jason Park (JR)		Andrew P. Cragg (SO)	Richard M. Macheske (FR)	Thomas P. Farley (FR)
	27.70	27.40	27.40	26.94	
13	1:50.44	F	B Relay	1/14/2012	GC Marshall, Chantilly, McLean
	Thomas P. Farley (FR)		Andrew P. Cragg (SO)	Arvin Daneshmand (SO)	James Azurin (JR)
	28.90	27.00	27.00	27.54	

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Time	Convert	Rnd	Relay		
14	1:50.94	F	A Relay	1/14/2012	GC Marshall, Chantilly, McLean
	Darren T. Almodiel		Jackson S. Tarbell (JR)	Sean P. Comerford (FR)	Eason E. Recto (SO)
	29.30	28.80	27.00	25.84	
15	1:52.94	F	C Relay	1/14/2012	GC Marshall, Chantilly, McLean
	Chun Ting J. Yeung (SR)		Nicholas B. Csicsmann (FR)	Alexander R. Tsai (FR)	Richard M. Macheske (FR)
	28.40	28.80	27.80	27.94	
16	1:54.34	F	C Relay	1/6/2012	Chantilly, GC Marshall & Yorktown
	Chun Ting J. Yeung (SR)		Kevin T. Do (FR)	Alexander R. Tsai (FR)	Tristian L. Ngo (FR)
	28.70	29.60	28.50	27.54	
17	1:54.54	F	G Relay	12/3/2011	Herndon, Edison & Madison
	Emeka T. Oputa (SR)		Tristian L. Ngo (FR)	Zarek J. Baban (JR)	Alexander D. Terry (SR)
	29.60	29.00	29.80	26.14	
18	1:54.64	F	B Relay	1/6/2012	Chantilly, GC Marshall & Yorktown
	Nicholas B. Csicsmann (FR)		Haval N. Rasheed (SO)	Jason Park (JR)	Thomas P. Farley (FR)
	29.50	29.90	27.60	27.64	
19	1:55.84	F	E Relay	12/3/2011	Herndon, Edison & Madison
	Nicolas J. Cuba-Caceres (FR)		Alexander R. Tsai (FR)	Haval N. Rasheed (SO)	Nicholas B. Csicsmann (FR)
	30.80	28.10	29.60	27.34	
20	2:04.24	F	F Relay	12/3/2011	Herndon, Edison & Madison
	Connor J. Van Rafelghem (FR)		Kevin T. Do (FR)	Jessey M. Huynh (FR)	Chun Ting J. Yeung (SR)
	32.40	30.90	32.20	28.74	
21	2:06.54	F	D Relay	1/14/2012	GC Marshall, Chantilly, McLean
	Kevin T. Do (FR)		Jessey M. Huynh (FR)	Connor J. Van Rafelghem (FR)	Tristian L. Ngo (FR)
	32.40	35.80	30.90	27.44	
Men Open 4x400m Relay					
1	3:38.59	F	A Relay	1/13/2012	2011 Liberty Flames Invitational
	Arthur I. McDuffy (SR)		Andris M. Sturans (SO)	Logan S. Miller (JR)	Sean P. McGorty (JR)
	54.90	56.20	54.20	53.29	
2	3:39.82	F	A Relay	1/26/2012	Concorde District Winter Track Champs 2012
	Andris M. Sturans (SO)		Jessy Pinto-Moreira (JR)	Arthur I. McDuffy (SR)	Miles A. Ransom (SR)
	56.90	55.10	52.90	54.92	
3	3:44.81	F	A Relay	12/27/2011	Friends of Indoor Track Invitational 2011
	Miles A. Ransom (SR)		Nicholas Ullom (SO)	Logan S. Miller (JR)	Arthur I. McDuffy (SR)
	57.00	57.60	55.50	54.71	
4	4:05.54	F	A Relay	1/6/2012	Chantilly, GC Marshall & Yorktown
	Jessy Pinto-Moreira (JR)		Darren T. Almodiel	James Azurin (JR)	Nicholas Ullom (SO)
	1:00.00	1:08.20	59.00	58.34	
5	4:12.74	F	B Relay	1/6/2012	Chantilly, GC Marshall & Yorktown
	Luke Ivers (SR)		Raaj H. Bhavsar (SR)	Austin J. Stahle (JR)	Joshua J. Parshall (JR)
	1:02.30	1:02.40	1:04.90	1:03.14	
6	4:23.14	F	A Relay	12/3/2011	Herndon, Edison & Madison
	Andrew P. Cragg (SO)		Rostam Panjshiri (SO)	Nicolas J. Cuba-Caceres (FR)	Darren T. Almodiel
	1:04.60	1:04.80	1:09.40	1:04.34	
7	4:25.44	F	A Relay	1/14/2012	GC Marshall, Chantilly, McLean
	Austin J. Stahle (JR)		Connor Rutledge (SR)	Evan J. Horil (JR)	Austin H. Zhou (SO)
	1:05.70	1:07.50	1:08.00	1:04.24	

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Time	Convert	Rnd	Relay		
Men Open 4x800m Relay					
1	8:49.19	F	A Relay	1/26/2012	Concorde District Winter Track Champs 2012
	Adam C. Huff (SO)		Luke Ivers (SR)		Faris Sakallah (JR) Andris M. Sturans (SO)
	2:12.00	2:16.60	2:11.90	2:08.69	
2	9:03.52	F	A Relay	1/13/2012	2011 Liberty Flames Invitational
	Ryan B. McGorty (FR)		Adam C. Huff (SO)		Andris M. Sturans (SO) Faris Sakallah (JR)
	2:17.30	2:14.60	2:14.10	2:17.52	
3	9:19.95	F	A Relay	12/17/2011	=PR= Holiday Invitational
	Luke Ivers (SR)		Raaj H. Bhavsar (SR)		Austin J. Stahle (JR) Samuel M. Cohen (JR)
	2:20.60	2:20.10	2:21.10	2:18.15	
4	9:37.51	F	A Relay	12/27/2011	Friends of Indoor Track Invitational 2011
	Samuel M. Cohen (JR)		Austin H. Zhou (SO)		Michael A. Reingold (SO) Austin J. Stahle (JR)
	2:17.00	2:30.20	2:26.20	2:24.11	
5	10:08.24	F	A Relay	1/6/2012	Chantilly, GC Marshall & Yorktown
	Samuel M. Cohen (JR)		Ethan D. Cohen (FR)		Evan B. Compton (FR) Omar Alam (SO)
	2:25.60	2:42.10	2:29.10	2:31.44	
6	10:12.24	F	A Relay	12/10/2011	Centreville Winter Challenge
	Samuel M. Cohen (JR)		Ian C. Horil (FR)		Jacob N. Ivers (SO) Evan J. Horil (JR)
	2:17.90	2:35.80	2:39.90	2:38.64	
7	10:42.74	F	A Relay	1/14/2012	GC Marshall, Chantilly, McLean
	Ethan D. Cohen (FR)		Connor Rutledge (SR)		Nicholas Marotta (FR) Andres Izquierdo (FR)
	2:41.00	2:42.40	2:32.00	2:47.34	
8	10:43.14	F	B Relay	1/6/2012	Chantilly, GC Marshall & Yorktown
	Nicholas Marotta (FR)		Ian C. Horil (FR)		Nicholas H. Bui (FR) Andres Izquierdo (FR)
	2:34.70	2:46.30	2:31.50	2:50.64	
9	10:45.68	F	B Relay	12/10/2011	Centreville Winter Challenge
	Ethan D. Cohen (FR)		Andres Izquierdo (FR)		Jason Y. Martin (FR) Nicholas H. Bui (FR)
	2:36.30	2:44.20	2:49.90	2:35.28	