

Meet Results

2011 Liberty Flames Invitational 13-Jan-12 to 14-Jan-12
Location: Liberty University, Lynchburg, VA
Chantilly HS [CHAN]

Mark	Convert	Rnd	Name	Age/Yr	Place	Points	Improv
Event # 1 Men 4x800m Relay Relay Open							
9:03.52	A Relay					---	---
Ryan B. McGorty (FR)			Adam C. Huff (SO)	Andris M. Sturans (SO)		Faris Sakallah (JR)	
	2:17.30	2:14.60	2:14.10	2:17.52			
Event # 2 Women 4x800m Relay Relay Open							
10:25.05	A Relay				5	---	---
Alexandra N. Sieder (SO)			Samantha G. Lull (JR)	Carolyn R. Carlson (SR)		Nora E. Raheer (SO)	
	2:36.60	2:39.70	2:36.00	2:32.75			
Event # 3 Men 55m Hurdles Open							
8.15	CHS	P	Ransom, Miles	SR	7	---	.01
8.22	CHS	F	Ransom, Miles	SR	7	2	.08
8.63	CHS	P	Nguyen, Eric	JR	20	---	.19
Event # 4 Women 55m Hurdles Open							
10.02	CHS	P	Crafton, Lauren	JR	---	---	-.20
10.46	CHS	P	Hundley, Garmai	JR	---	---	-.18
10.78	CHS	P	Claunch, Valerie	JR	---	---	.18
Event # 5 Men 55m Dash Open							
6.92	CHS	F	Derrios, Michael	FR	36	---	-.08
7.12	CHS	F	Terry, Alexander	SR	57	---	.03
7.14	CHS	F	Oputa, Emeka	SR	63	---	-.11
7.30	CHS	F	Reyes, Carlos	SO	81	---	-.04
7.32	CHS	F	Carson, Aaron	JR	82	---	.18
7.47		F	Park, Sung Woo	JR	95	---	.43
Event # 6 Women 55m Dash Open							
7.98	CHS	F	Powell, Lauren	JR	35	---	-.09
8.10	CHS	F	Vu, Pauline	SO	42	---	-.34
8.37	CHS	F	Sowah, Mareshah	SO	80	---	-.03
8.49	CHS	F	Deveau, Ciana	SO	88	---	.35
8.75		F	McKinney, Shannon	JR	102	---	.21
Event # 7 Men 4x200m Relay Relay Open							
1:38.31	A Relay					---	---
Michael K. Derrios (FR)			Aaron R. Carson (JR)	Carlos Reyes (SO)		Alexander D. Terry (SR)	
	24.40	25.00	24.30	24.61			
Event # 8 Women 4x200m Relay Relay Open							
DO	A Relay					---	---
Shannon M. McKinney (JR)			Ciana E. Deveau (SO)	Lauren A. Powell (JR)		Danielle M. LeFrancois (JR)	
	29.80	29.90	28.30	29.50			
Event # 9 Men 1600m Run Open							
4:19.31	CHS	F	McGorty, Sean	JR	1	---	3.30
	31.20	33.00	33.40	33.20	32.60	32.90	31.60
					31.41		

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Event # 9 Men 1600m Run Open											
4:23.47	CHS	F	Miller, Logan					JR	4	---	.63
		32.40	33.40	33.50	33.50	33.10	33.50	33.20	30.87		
4:54.98	CHS	F	Linehan, Patrick					JR	54	---	-3.83
		35.30	37.00	37.40	37.60	37.10	36.70	37.50	36.38		
5:00.20	CHS	F	Khan, Miraj					SO	79	---	-1.44
		35.30	36.60	37.50	38.60	38.70	39.20	38.50	35.80		
5:00.23	CHS	F	Ivers, Samuel					SR	80	---	-1.24
		35.80	36.80	38.70	37.90	38.10	38.80	38.50	35.63		
5:09.27	CHS	F	Bhavsar, Raaj					SR	117	---	1.78
		35.60	37.30	39.00	39.80	39.20	39.90	40.40	38.07		
Event # 10 Women 1600m Run Open											
5:15.05	CHS	F	Cowne, Alexa					JR	4	---	9.17
		36.50	36.50	38.10	40.00	40.80	43.20	40.10	39.85		
5:40.24	CHS	F	Hawvermale, Xaveria					FR	17	---	-8.54
		40.10	41.20	42.60	44.60	44.00	44.10	44.30	39.34		
5:49.78	CHS	F	Scherbenske, Jenna					SR	37	---	-11.92
		42.20	43.00	45.00	45.10	45.20	44.70	44.10	40.48		
5:50.53	CHS	F	Lull, Hannah					FR	42	---	.18
		41.50	42.40	44.10	46.00	45.70	45.90	44.20	40.73		
5:50.88	CHS	F	Scherbenske, Ashley					SR	45	---	-4.26
		41.90	43.30	44.60	45.50	44.90	45.00	44.10	41.58		
6:02.11	CHS	F	Strub, Sydney					SO	76	---	-1.53
		43.20	45.10	47.00	46.70	45.80	45.80	45.80	42.71		
6:23.26		F	Loh, Jennifer					JR	105	---	22.47
		42.70	45.20	46.90	48.80	50.80	50.90	49.50	48.46		
Event # 11 Men 500m Dash Open											
1:14.40	CHS	F	Pinto-Moreira, Jessy					JR	65	---	-.83
1:15.41	CHS	F	Sturans, Andris					SO	74	---	-6.13
1:16.90	CHS	F	Ullom, Nicholas					SO	88	---	.86
Event # 12 Women 500m Dash Open											
1:29.78	CHS	F	Ingraham, Kathryn					SR	53	---	1.46
1:33.27		F	Crafton, Lauren					JR	67	---	1.82
Event # 13 Men 1000m Run Open											
2:32.75	CHS	F	McGorty, Sean					JR	1	10	-3.75
		28.70	30.70	31.90	31.30	30.15					
2:36.75	CHS	F	Miller, Logan					JR	6	3	-11.58
		29.60	32.30	33.20	32.60	29.05					
2:58.99	CHS	F	Linehan, Patrick					JR	93	---	-24.45
		34.20	35.90	37.20	36.70	34.99					
3:00.48		F	Khan, Miraj					SO	103	---	-46.76
		34.50	36.30	37.70	37.40	34.58					
3:00.74		F	Bhavsar, Raaj					SR	---	---	2.47
		34.40	35.20	37.50	38.10	35.54					
3:01.28		F	Huff, Adam					SO	108	---	---
		33.60	36.20	37.80	37.80	35.88					

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Event # 14 Women 1000m Run Open							
3:03.42	CHS	F	Cowne, Alexa	JR	4	---	3.51
		33.40	36.20 38.40				38.60 36.82
3:17.08	CHS	F	Lull, Samantha	JR	23	---	-4.85
		35.60	39.20 41.70				42.80 37.78
3:18.30	CHS	F	Sieder, Alexandra	SO	28	---	-17.12
		37.60	38.80 41.50				40.80 39.60
3:27.43	CHS	F	Scherbenske, Ashley	SR	58	---	-3.36
		40.00	41.50 43.10				43.00 39.83
3:27.52	CHS	F	Scherbenske, Jenna	SR	61	---	-4.92
		39.70	40.80 42.20				43.00 41.82
3:31.51		F	Strub, Sydney	SO	77	---	-7.62
		40.40	44.00 43.80				42.00 41.31
3:31.75		F	Lull, Hannah	FR	78	---	-3.65
		39.50	43.60 45.40				43.70 39.55
3:32.07		F	Plummer, Jaqueline	FR	79	---	-12.51
		39.50	42.80 45.00				46.30 38.47
3:34.36		F	Walsh, Virginia	SO	89	---	-3.80
		36.80	41.10 45.60				46.90 43.96
3:35.79		F	Loh, Jennifer	JR	88	---	1.55
		39.50	43.60 45.60				44.40 42.69
Event # 15 Men 300m Dash Open							
38.16	CHS	F	McDuffy, Arthur	SR	32	---	-1.9
39.31	CHS	F	Ransom, Miles	SR	75	---	-5.1
39.54	CHS	F	Terry, Alexander	SR	84	---	-7.0
39.62	CHS	F	Mazloum, Sean	SR	88	---	-1.32
40.31	CHS	F	Oputa, Emeka	SR	111	---	-1.12
41.02		F	Ullom, Nicholas	SO	129	---	-1.17
41.39		F	Sung, Alexander	JR	140	---	-1.85
Event # 16 Women 300m Dash Open							
46.57	CHS	F	Powell, Lauren	JR	47	---	-1.13
47.42	CHS	F	LeFrancois, Danielle	JR	65	---	-.82
48.43	CHS	F	Ingraham, Kathryn	SR	81	---	-.61
48.58	CHS	F	McKinney, Shannon	JR	89	---	.54
Event # 17 Men 3200m Run Open							
10:12.69	CHS	F	Sakallah, Faris	JR	19	---	-2.67
		35.60	37.60 38.30				37.80 37.80 37.70 38.40 38.80
		37.80	38.40 38.60				38.40 39.20 40.80 40.60 36.89
10:25.25	CHS	F	McGorty, Ryan	FR	24	---	-1.09
		37.20	37.40 37.50				38.10 37.80 38.40 39.00 39.80
		40.10	40.90 40.40				39.20 41.20 41.60 40.40 36.25
11:07.31	CHS	F	Ivers, Samuel	SR	46	---	10.03
		36.90	38.70 39.70				39.60 40.40 41.30 42.80 42.90
		38.10	45.70 45.60				44.20 44.20 44.50 43.20 39.51
Event # 18 Women 3200m Run Open							

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Event # 18 Women 3200m Run Open							
11:48.28	CHS	F	Raher, Nora	SO	12	---	-6.32
			40.90 42.90 44.00 45.40 45.10 44.80 45.00 45.50				
			44.80 45.60 44.20 45.20 45.60 44.90 44.70 39.68				
11:48.35	CHS	F	Carlson, Carolyn	SR	13	---	-27.37
			41.30 43.40 44.30 45.20 45.00 44.70 42.80 47.20				
			44.50 45.60 44.20 45.20 45.60 45.20 44.80 39.35				
12:31.52	CHS	F	Cason, Patricia	SO	28	---	19.77
			41.30 43.40 44.70 46.00 46.00 46.50 46.80 47.80				
			48.30 49.20 49.50 49.50 49.60 49.50 47.20 46.22				
Event # 19 Men 4x400m Relay Relay Open							
3:38.59	A Relay				9	---	---
Arthur I. McDuffy (SR)		Andris M. Sturans (SO)		Logan S. Miller (JR)		Sean P. McGorty (JR)	
		54.90 56.20 54.20 53.29					
Event # 20 Women 4x400m Relay Relay Open							
4:21.90	A Relay				9	---	---
Alexandra N. Sieder (SO)		Danielle M. LeFrancois (JR)		Samantha G. Lull (JR)		Kendall Cowne (JR)	
		1:07.80 1:05.80 1:05.80 1:02.50					
Event # 21 Men Shot Put Open							
40-08.25	CHS	F	Galindo, Brandon	JR	24	---	-0-05.75
38-10.50	CHS	F	Booker, Zachary	SR	31	---	-0-10.00
35-05.00	CHS	F	Moron, Jose	JR	46	---	-0-01.00
Event # 22 Women Shot Put Open							
26-06.50	CHS	F	Kerbuski, Bryanna	SR	40	---	-0-02.25
25-01.75	CHS	F	Rashid, Lyzan	SR	50	---	-3-08.75
Event # 23 Men Long Jump Open							
21-06.00	CHS	F	McDuffy, Arthur	SR	2	---	-0-10.00
18-11.75	CHS	F	Mazloun, Sean	SR	22	---	-0-08.00
18-02.25	CHS	F	Park, Sung Woo	JR	43	---	-0-01.75
17-11.00	CHS	F	Oputa, Emeka	SR	48	---	-1-04.50
Event # 24 Women Long Jump Open							
14-05.50	CHS	F	Crafton, Lauren	JR	---	---	0-07.00
13-10.50	CHS	F	Deveau, Ciana	SO	40	---	1-01.00
11-08.75		F	Tangaro, Silvia	SR	62	---	-0-09.50
Event # 25 Men Triple Jump Open							
44-01.00	CHS	F	McDuffy, Arthur	SR	7	---	-1-07.50
40-01.00	CHS	F	Oputa, Emeka	SR	---	---	---
Event # 26 Women Triple Jump Open							
29-04.25	CHS	F	Deveau, Ciana	SO	41	---	-1-03.00
27-03.00	CHS	F	Crafton, Lauren	JR	51	---	-2-08.25
24-03.50		F	Tangaro, Silvia	SR	57	---	---

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Event # 27 Men High Jump Open							
* 5-04.00	CHS	F	Park, Sung Woo	JR	21	---	-0-02.00
* 5-04.00	CHS	F	Ullom, Nicholas	SO	21	---	0-00.00
Event # 29 Men Pole Vault Open							
10-09.00	CHS	F	Nguyen, Eric	JR	16	---	-0-09.00
9-06.00	CHS	F	Sung, Alexander	JR	24	---	-1-00.00
Event # 30 Women Pole Vault Open							
8-00.00	CHS	F	Crafton, Lauren	JR	16	---	-0-06.00
7-00.00	CHS	F	Claunch, Valerie	JR	22	---	0-00.00