

**Meet Results**

**=PR= Holiday Invitational 17-Dec-11**  
**Location: PG Sports & Learning Complex**  
**Chantilly HS [CHAN]**

Mark	Convert	Rnd	Name	Age/Yr	Place	Points	Improv
<b>Event # 1 Men 4x800m Relay Relay Open</b>							
9:19.95	A Relay				28	---	---
Luke Ivers (SR)			Raaj H. Bhavsar (SR)	Austin J. Stahle (JR)	Samuel M. Cohen (JR)		
	2:20.60	2:20.10	2:21.10	2:18.15			
<b>Event # 2 Women 4x800m Relay Relay Open</b>							
11:22.72	A Relay				13	---	---
Hannah R. Lull (FR)			Sydney E. Strub (SO)	Virginia M. Walsh (SO)	Jennifer S. Loh (JR)		
	2:45.80	2:50.10	2:54.60	2:52.22			
<b>Event # 3 Men 55m Hurdles Open</b>							
8.14	F		Ransom, Miles	SR	2	---	-.10
8.65	F		Nguyen, Eric	JR	18	---	.21
<b>Event # 4 Women 55m Hurdles Open</b>							
11.43	F		Claunch, Valerie	JR	58	---	.83
11.88	F		Crafton, Lauren	JR	64	---	1.66
<b>Event # 5 Men 55m Dash Open</b>							
7.22	F		Terry, Alexander	SR	57	---	---
7.35	F		Oputa, Emeka	SR	68	---	.02
<b>Event # 6 Women 55m Dash Open</b>							
8.17	F		Powell, Lauren	JR	61	---	-.11
8.51	F		Sowah, Mareshah	SO	75	---	.11
<b>Event # 7 Men 4x200m Relay Relay Open</b>							
1:39.34	A Relay				23	---	---
Alexander D. Terry (SR)			Aaron R. Carson (JR)	Miles A. Ransom (SR)	Arthur I. McDuffy (SR)		
	25.20	25.50	24.90	23.74			
<b>Event # 8 Women 4x200m Relay Relay Open</b>							
1:59.43	A Relay				33	---	---
Lauren A. Powell (JR)			Ciana E. Deveau (SO)	Shannon M. McKinney (JR)	Danielle M. LeFrancois (JR)		
	30.20	29.10	29.90	30.23			
<b>Event # 9 Men 1600m Run Open</b>							
4:58.81	F		Linehan, Patrick	JR	52	---	-14.21
	34.00	37.50	37.60	38.60	38.90	38.90	39.10
5:01.64	F		Khan, Miraj	SO	60	---	-11.96
	34.00	37.50	1:37.90	21.20	38.80	39.70	38.80
					36.14		
<b>Event # 10 Women 1600m Run Open</b>							
5:23.75	F		Cowne, Alexa	JR	8	---	17.87
	37.00	38.00	39.60	40.50	41.70	41.70	43.30
5:52.64	F		Lull, Samantha	JR	46	---	-16.90
	39.90	42.70	44.80	46.80	45.70	47.10	44.80
					40.84		

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<b>Event # 10 Women 1600m Run Open</b>													
5:54.17		F	Sieder, Alexandra						SO	64	---	6.24	
	40.60			42.10	44.20	44.70	44.90	46.50	46.30	44.87			
<b>Event # 11 Men 500m Dash Open</b>													
1:15.23		F	Pinto-Moreira, Jessy						JR	42	---	-3.41	
1:16.04		F	Ullom, Nicholas						SO	55	---	-.62	
1:18.63		F	Cohen, Samuel						JR	65	---	3.11	
<b>Event # 12 Women 500m Dash Open</b>													
1:28.28		F	LeFrancois, Danielle						JR	37	---	-3.19	
1:29.10		F	Ingraham, Kathryn						SR	---	---	.78	
1:31.66		F	Deveau, Ciana						SO	52	---	-3.58	
<b>Event # 13 Men 1000m Run Open</b>													
2:58.27		F	Bhavsar, Raaj						SR	58	---	-13.67	
	32.90			35.50	37.00	37.80	35.07						
<b>Event # 14 Women 1000m Run Open</b>													
3:35.40		F	Lull, Hannah						FR	56	---	---	
	38.50			41.70	45.80	47.50	41.90						
3:39.19		F	Strub, Sydney						SO	---	---	.06	
	38.50			44.00	45.90	46.40	44.39						
<b>Event # 15 Men 300m Dash Open</b>													
38.68		F	McDuffy, Arthur						SR	34	---	.33	
40.75		F	Terry, Alexander						SR	78	---	---	
42.77		F	Oputa, Emeka						SR	92	---	1.34	
<b>Event # 16 Women 300m Dash Open</b>													
47.70		F	Powell, Lauren						JR	71	---	-.54	
48.79		F	McKinney, Shannon						JR	80	---	.75	
<b>Event # 17 Men 3200m Run Open</b>													
10:26.34		F	McGorty, Ryan						FR	20	---	---	
	36.30			37.50	37.40	38.20	38.70	39.00	39.30	40.10			
	41.00			39.90	41.00	41.00	41.40	39.80	41.10	34.64			
10:41.28		F	Huff, Adam						SO	31	---	---	
	37.40			38.80	38.90	39.20	39.60	40.60	40.70	39.30			
	40.10			40.30	41.80	41.20	41.40	41.40	40.80	39.78			
11:02.83		F	Parshall, Joshua						JR	49	---	40.05	
	36.30			37.30	36.90	38.60	38.60	38.50	39.20	41.60			
	41.90			43.20	43.80	45.80	46.20	45.50	45.30	44.13			
<b>Event # 18 Women 3200m Run Open</b>													
11:54.60		F	Raher, Nora						SO	---	---	-28.41	
	40.30			43.20	44.40	44.20	44.30	44.30	45.80	45.60			
	45.40			45.30	46.30	46.00	46.70	46.50	46.80	39.50			

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<b>Event # 18 Women 3200m Run Open</b>							
12:11.75	F		Cason, Patricia	SO	---	---	---
		40.40	42.50 44.50				
		47.10	46.70 48.20				
46.20		46.10	46.50				
48.10		46.10	45.30				
47.10		47.10	43.15				
12:15.72	F		Carlson, Carolyn	SR	---	---	-12.95
		39.80	42.20 44.10				
		47.10	46.70 48.20				
46.80		48.00	46.70				
48.00		46.70	46.70				
48.20		48.60	47.00				
48.20		47.70	40.82				
<b>Event # 19 Men 4x400m Relay Relay Open</b>							
DO	A Relay					---	---
Sean Mazloun (SR)		Nicholas Ullom (SO)		Jessy Pinto-Moreira (JR)		Arthur I. McDuffy (SR)	
57.60		59.50	49.34	.00			
<b>Event # 20 Women 4x400m Relay Relay Open</b>							
4:39.38	A Relay					---	---
Samantha G. Lull (JR)		Lauren Crafton (JR)		Alexandra N. Sieder (SO)		Danielle M. LeFrancois (JR)	
1:07.40		1:12.30	1:12.60	1:07.08			
<b>Event # 21 Men Shot Put Open</b>							
39-08.50	F		Booker, Zachary	SR	14	---	0-10.50
38-07.00	F		Galindo, Brandon	JR	19	---	-2-07.00
<b>Event # 22 Women Shot Put Open</b>							
26-08.75	F		Kerbuski, Bryanna	SR	28	---	1-11.25
24-00.00	F		Rashid, Lyzan	SR	42	---	-4-10.50
<b>Event # 23 Men Long Jump Open</b>							
22-04.00	F		McDuffy, Arthur	SR	1	---	0-03.50
18-11.00	F		Oputa, Emeka	SR	14	---	0-09.00
<b>Event # 24 Women Long Jump Open</b>							
12-09.50	F		Deveau, Ciana	SO	43	---	0-03.00
12-05.25	F		Tangaro, Silvia	SR	45	---	-0-01.00
<b>Event # 25 Men Triple Jump Open</b>							
43-08.00	F		McDuffy, Arthur	SR	2	---	-2-00.50
35-05.00	F		Park, Sung Woo	JR	39	---	-3-06.75
<b>Event # 26 Women Triple Jump Open</b>							
29-11.25	F		Crafton, Lauren	JR	---	25	1-02.75
28-01.00	F		Deveau, Ciana	SO	---	34	0-04.00
<b>Event # 27 Men High Jump Open</b>							
5-06.00	F		Park, Sung Woo	JR	15	---	0-00.00
* NH	F		Ransom, Miles	SR	---	---	---
* NH	F		Ullom, Nicholas	SO	---	---	---
<b>Event # 29 Men Pole Vault Open</b>							
11-06.00	F		Nguyen, Eric	JR	4	---	0-06.00

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<b>Event # 29 Men Pole Vault Open</b>							
10-06.00		F	Ransom, Miles	SR	10	---	0-00.00
9-00.00		F	Sung, Alexander	JR	17	---	-1-06.00
<b>Event # 30 Women Pole Vault Open</b>							
*	NH	F	Claunch, Valerie	JR	---	---	---
	NH	F	Crafton, Lauren	JR	---	---	---