
Meet Results
Herndon, Edison & Madison 03-Dec-11**Location: Episcopal HS****Chantilly HS [CHAN]**

Mark	Convert	Rnd	Name	Age/Yr	Place	Points	Improv
Event # 3 Men 55m Hurdles Open							
8.44	CHS	F	Nguyen, Eric	JR	---	---	-.34
9.24	CHS	F	Tarbell, Jackson	JR	---	---	-.80
10.54	CHS	F	Azurin, Arthur	JR	---	---	---
10.84		F	Cragg, Andrew	SO	---	---	---
11.44		F	Cuba-Caceres, Nicolas	FR	---	---	---
12.54		F	Baban, Zarek	JR	---	---	---
13.24		F	Do, Kevin	FR	---	---	---
Event # 4 Women 55m Hurdles Open							
10.44	CHS	F	Crafton, Lauren	JR	---	---	-.09
11.24	CHS	F	Claunch, Valerie	JR	---	---	.64
*	11.44	CHS	Minor, Abigail	FR	---	---	---
*	11.44	CHS	Sowah, Mareshah	SO	---	---	.20
*	11.54	CHS	Garcia-Montes, Erika	SR	---	---	.00
*	11.54	CHS	Powell, Lauren	JR	---	---	---
*	11.64	CHS	Carson, Morgan	FR	---	---	---
*	12.74		Manning, Rachel	SO	---	---	---
*	12.74		Reyes-Chian, Maria	SO	---	---	---
*	12.84		Geddis, India	SO	---	---	---
*	12.84		Oswalt, Elizabeth	FR	---	---	---
*	13.14		Filipek, Amanda	FR	---	---	---
*	13.14		Garcia-Montes, Emily	FR	---	---	---
	13.24		Macheske, Megan	JR	---	---	---
	14.54		Nguyen, Ashley	FR	---	---	---
Event # 5 Men 55m Dash Open							
*	7.24	CHS	Covino, Kevin	JR	---	---	---
*	7.24	CHS	Park, Sung Woo	JR	---	---	---
*	7.34	CHS	Panjshiri, Rostam	SO	---	---	-.60
*	7.34	CHS	Recto, Eason	SO	---	---	---
*	7.34	CHS	Reyes, Carlos	SO	---	---	---
	7.44		Oputa, Emeka	SR	---	---	---
*	7.64		Almodiel, Darren		---	---	---
*	7.64		Carson, Aaron	JR	---	---	.00
*	7.64		Sung, Alexander	JR	---	---	-.11
*	7.74		Comerford, Sean	FR	---	---	---
*	7.74		Csicsmann, Nicholas	FR	---	---	---
*	7.74		Mazloun, Sean	SR	---	---	.00
*	7.74		Tsai, Alexander	FR	---	---	---
	8.04		Macheske, Richard	FR	---	---	---
	8.14		Rasheed, Haval	SO	---	---	-.40
	8.34		Pinto-Moreira, Jessy	JR	---	---	-3.70
Event # 6 Women 55m Dash Open							
	8.34	CHS	Powell, Lauren	JR	---	---	---
	8.44	CHS	LeFrancois, Danielle	JR	---	---	---
	8.54	CHS	Deveau, Ciana	SO	---	---	---
	8.64	CHS	Sowah, Mareshah	SO	---	---	.24

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Event # 6 Women 55m Dash Open							
8.84		F	Hwang, Emily	FR	---	---	---
8.94		F	Le, Johanna	FR	---	---	---
* 9.04		F	Alkire, Caroline	SR	---	---	---
* 9.04		F	Tran, Michelle	SO	---	---	---
9.44		F	Bylund, Jessica	SR	---	---	---
* 9.54		F	Kamalesh, Sahana	FR	---	---	---
* 9.54		F	McKinney, Shannon	JR	---	---	1.00
9.74		F	Manning, Nicole	SO	---	---	---
10.14		F	Morrad, Freshta	FR	---	---	---
10.24		F	Tran, Nancy	FR	---	---	---
NT		F	Rizzo, Rylie	SR	---	---	---
Event # 7 Men 4x200m Relay Relay Open							
1:45.14		A Relay				---	---
Kevin M. Covino (JR)		Jessy Pinto-Moreira (JR)		Aaron R. Carson (JR)		Carlos Reyes (SO)	
	26.60	26.50	27.30	24.74			
1:47.04		B Relay				---	---
Darren T. Almodiel (0)		Rostam Panjshiri (SO)		Jackson S. Tarbell (JR)		Alexander F. Sung (JR)	
	27.10	26.90	26.20	26.84			
1:47.14		C Relay				---	---
Sean P. Comerford (FR)		Eason E. Recto (SO)		James Azurin (JR)		Nicholas Ullom (SO)	
	27.90	26.10	27.00	26.14			
1:49.44		D Relay				---	---
Jason Park (JR)		Andrew P. Cragg (SO)		Richard M. Macheske (FR)		Thomas P. Farley (FR)	
	27.70	27.40	27.40	26.94			
1:54.54		G Relay				---	---
Emeka T. Oputa (SR)		Tristian L. Ngo (FR)		Zarek J. Baban (JR)		Alexander D. Terry (SR)	
	29.60	29.00	29.80	26.14			
1:55.84		E Relay				---	---
Nicolas J. Cuba-Caceres (FR)		Alexander R. Tsai (FR)		Haval N. Rasheed (SO)		Nicholas B. Csicsmann (FR)	
	30.80	28.10	29.60	27.34			
2:04.24		F Relay				---	---
Connor J. Van Rafelghem (FR)		Kevin T. Do (FR)		Jessey M. Huynh (FR)		Chun Ting J. Yeung (SR)	
	32.40	30.90	32.20	28.74			
Event # 8 Women 4x200m Relay Relay Open							
2:05.44		A Relay				---	---
Mareshah Sowah (SO)		Shannon M. McKinney (JR)		Valerie R. Claunch (JR)		Kathryn M. Ingraham (SR)	
	31.80	31.90	31.10	30.64			
2:14.54		E Relay				---	---
Morgan E. Carson (FR)		Amanda Filipek (FR)		Kaitlin N. Galindo (FR)		Abigail G. Minor (FR)	
	33.80	34.00	34.50	32.24			
2:15.24		B Relay				---	---
Michelle Tran (SO)		Rylie K. Rizzo (SR)		Emily C. Garcia-Montes (FR)		Freshta Morrad (FR)	
	34.30	32.60	36.10	32.24			
2:15.44		D Relay				---	---
India A. Geddis (SO)		Maria F. Reyes-Chian (SO)		Ashley P. Nguyen (FR)		Erika G. Garcia-Montes (SR)	
	34.00	33.70	35.60	32.14			

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Mark	Convert	Rnd	Name	Age/Yr	Place	Points	Improv
Event # 8 Women 4x200m Relay Relay Open							
2:21.84	C Relay					---	---
Sahana Kamalesh (FR)			Rachel A. Manning (SO)	Nancy A. Tran (FR)		Johanna T. Le (FR)	
	35.50	35.70	37.10	33.54			
Event # 9 Men 1600m Run Open							
5:10.74	CHS	F	Ivers, Samuel	SR	---	---	9.27
	34.30	36.90	40.70	40.50	39.90	40.90	39.50
							38.04
5:35.84		F	Alam, Omar	SO	---	---	-9.10
	37.80	38.90	41.80	43.50	44.40	45.90	43.60
							39.94
5:36.14		F	Bui, Nicholas	FR	---	---	-29.40
	42.60	42.10	44.30	43.50	43.40	37.70	42.70
							39.84
5:39.04		F	Reingold, Michael	SO	---	---	-11.30
	41.70	40.60	44.60	43.10	45.90	43.10	41.40
							38.64
5:42.34		F	Horil, Evan	JR	---	---	-5.90
	36.60	40.60	44.30	45.80	45.30	45.50	45.30
							38.94
5:48.94		F	Ivers, Jacob	SO	---	---	-11.10
	39.30	42.50	45.10	45.60	46.60	47.00	46.00
							36.84
5:54.24		F	Horil, Ian	FR	---	---	-8.30
	43.50	42.40	47.00	45.60	44.80	46.00	48.10
							36.84
5:58.44		F	Izquierdo, Andres	FR	---	---	-14.00
	43.50	43.00	46.40	46.40	45.00	47.30	46.30
							40.54
Event # 10 Women 1600m Run Open							
* 6:23.14		F	Loh, Jennifer	JR	---	---	22.35
	40.40	44.20	47.80	52.20	50.50	52.30	51.70
							44.04
* 6:23.14		F	Walsh, Virginia	SO	---	---	5.70
	41.20	44.80	46.60	51.20	50.30	51.50	49.90
							47.64
6:33.74		F	Plummer, Jaqueline	FR	---	---	-18.50
	45.10	48.40	50.40	52.20	52.00	48.80	52.00
							44.84
Event # 11 Men 500m Dash Open							
1:18.64		F	Pinto-Moreira, Jessy	JR	---	---	-2.20
	1:20.64	F	Nguyen, Eric	JR	---	---	---
	1:20.84	F	Ullom, Nicholas	SO	---	---	-2.10
	1:21.54	F	Macheske, Richard	FR	---	---	---
	1:23.04	F	Tarbell, Jackson	JR	---	---	2.00
	1:23.64	F	Comerford, Sean	FR	---	---	---
	1:24.24	F	Azurin, Arthur	JR	---	---	---
	1:26.34	F	Farley, Thomas	FR	---	---	---
Event # 12 Women 500m Dash Open							
1:34.54		F	Ingraham, Kathryn	SR	1	6	6.22
	1:35.24	F	Deveau, Ciana	SO	2	4	---
	1:37.44	F	LeFrancois, Danielle	JR	---	---	---
	1:38.04	F	Rizzo, Rylie	SR	---	---	---
	1:38.24	F	Alkire, Caroline	SR	---	---	---
	1:39.44	F	Crafton, Lauren	JR	---	---	7.99
Event # 13 Men 1000m Run Open							

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Mark	Convert	Rnd	Name	Age/Yr	Place	Points	Improv
Event # 13 Men 1000m Run Open							
3:05.04	F		Cohen, Samuel	JR	---	---	---
	34.80	37.50	39.10	37.90	35.74		
3:12.24	F		Ivers, Samuel	SR	---	---	3.20
	34.80	37.50	39.20	41.50	39.24		
3:13.74	F		Zhou, Austin	SO	---	---	---
	33.00	37.10	41.60	42.00	40.04		
3:23.24	F		Cohen, Ethan	FR	---	---	---
	36.70	40.00	41.10	44.00	41.44		
3:28.54	F		Marotta, Nicholas	FR	---	---	---
	37.20	39.10	47.00	46.10	39.14		
3:28.84	F		Horil, Evan	JR	---	---	---
	34.90	40.90	47.50	46.70	38.84		
3:30.24	F		Martin, Jason	FR	---	---	---
	37.20	40.00	46.10	47.10	39.84		
Event # 14 Women 1000m Run Open							
3:46.24	F		Loh, Jennifer	JR	---	---	12.00
	40.00	42.70	46.80	49.40	47.34		
3:54.24	F		Walsh, Virginia	SO	---	---	---
	40.40	44.30	49.30	52.20	48.04		
Event # 15 Men 300m Dash Open							
40.74	F		Reyes, Carlos	SO	---	---	---
40.94	F		Mazloun, Sean	SR	---	---	-1.50
* 42.34	F		Covino, Kevin	JR	---	---	---
* 42.34	F		Ullom, Nicholas	SO	---	---	-2.00
42.44	F		Nguyen, Eric	JR	---	---	.04
42.64	F		Carson, Aaron	JR	---	---	-1.00
43.34	F		Sung, Alexander	JR	---	---	.10
Event # 16 Women 300m Dash Open							
48.24	CHS	F	Powell, Lauren	JR	---	---	---
49.34	CHS	F	Deveau, Ciana	SO	---	---	---
50.94		F	Alkire, Caroline	SR	---	---	---
51.64		F	Claunch, Valerie	JR	---	---	2.84
51.94		F	Ingraham, Kathryn	SR	---	---	2.90
53.64		F	Crafton, Lauren	JR	---	---	5.12
Event # 19 Men 4x400m Relay Relay Open							
4:23.14	A Relay					---	---
Andrew P. Cragg (SO)		Rostam Panjshiri (SO)		Nicolas J. Cuba-Caceres (FR)		Darren T. Almodiel (0)	
	1:04.60	1:04.80	1:09.40	1:04.34			
Event # 20 Women 4x400m Relay Relay Open							
5:05.44	A Relay					---	---
Abigail G. Minor (FR)		Morgan E. Carson (FR)		India A. Geddis (SO)		Jennifer S. Loh (JR)	
	1:14.10	1:20.40	1:20.20	1:10.74			
Event # 21 Men Shot Put Open							

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Mark	Convert	Rnd	Name	Age/Yr	Place	Points	Improv
Event # 21 Men Shot Put Open							
40-01.00	CHS	F	Galindo, Brandon	JR	2	4	-1-01.00
33-09.00		F	Moron, Jose	JR	---	---	---
33-05.00		F	Kemavor, Aaron	SR	4	2	---
33-03.00		F	Terry, Alexander	SR	5	1	---
28-03.50		F	Rambin, Matthew	JR	---	---	---
27-02.00		F	Lehmann, Cody	SR	---	---	---
25-01.00		F	Abisogun, Akinwunmi	FR	---	---	---
25-00.50		F	Kim, Steven	SR	---	---	---
18-06.50		F	Crafton, David	SO	---	---	---
Event # 22 Women Shot Put Open							
25-00.00	CHS	F	Rashid, Lyzan	SR	2	4	-3-10.50
23-11.00		F	Kerbuski, Bryanna	SR	3	3	---
20-06.50		F	Tangaro, Silvia	SR	---	---	-0-08.00
20-00.50		F	Bennett, Michaela	SO	---	---	---
19-09.00		F	Galindo, Kaitlin	FR	---	---	---
Event # 23 Men Long Jump Open							
18-00.00	CHS	F	Mazloun, Sean	SR	1	6	-1-07.75
17-10.50	CHS	F	Park, Sung Woo	JR	3	3	-0-05.50
17-06.00	CHS	F	Oputa, Emeka	SR	5	1	---
16-11.00	CHS	F	Almodiel, Darren		---	---	---
16-04.50	CHS	F	Comerford, Sean	FR	---	---	---
15-06.00		F	Recto, Eason	SO	---	---	---
* FOUL		F	Covino, Kevin	JR	---	---	---
* FOUL		F	Panjshiri, Rostam	SO	---	---	---
Event # 24 Women Long Jump Open							
12-08.00		F	Crafton, Lauren	JR	4	2	---
12-06.50		F	Deveau, Ciana	SO	5	1	---
11-04.50		F	Tangaro, Silvia	SR	---	---	-1-01.75
9-10.50		F	McKinney, Shannon	JR	---	---	0-07.00
9-08.50		F	Rizzo, Rylie	SR	---	---	---
9-03.00		F	Garcia-Montes, Erika	SR	---	---	---
* FOUL		F	Alkire, Caroline	SR	---	---	---
* FOUL		F	Morrad, Freshta	FR	---	---	---
* FOUL		F	Tran, Michelle	SO	---	---	---
Event # 25 Men Triple Jump Open							
37-08.75	CHS	F	Park, Sung Woo	JR	2	4	-1-03.00
35-05.00		F	Almodiel, Darren		4	2	---
34-00.00		F	Panjshiri, Rostam	SO	---	---	---
FOUL		F	Comerford, Sean	FR	---	---	---
Event # 26 Women Triple Jump Open							
26-03.25		F	Deveau, Ciana	SO	---	---	---
25-02.00		F	Crafton, Lauren	JR	---	---	---
Event # 27 Men High Jump Open							

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Event # 27 Men High Jump Open							
5-02.00		F	Mazloun, Sean	SR	---	---	---
* NH		F	Cohen, Ethan	FR	---	---	---
* NH		F	Csicsmann, Nicholas	FR	---	---	---
* NH		F	Macheske, Richard	FR	---	---	---
* NH		F	Ngo, Tristian	FR	---	---	---
* NH		F	Park, Sung Woo	JR	---	---	---
* NH		F	Tsai, Alexander	FR	---	---	---
* NH		F	Ullom, Nicholas	SO	---	---	---
* NH		F	Van Rafelghem, Connor	FR	---	---	---
* NH		F	Yeung, Chun Ting	SR	---	---	---
Event # 29 Men Pole Vault Open							
10-06.00	CHS	F	Sung, Alexander	JR	2	4	1-00.00
10-00.00	CHS	F	Nguyen, Eric	JR	3	3	-1-00.00
	NH	F	Rasheed, Haval	SO	---	---	---
Event # 30 Women Pole Vault Open							
7-06.00	CHS	F	Crafton, Lauren	JR	---	---	0-00.00
* NH		F	Bylund, Jessica	SR	---	---	---
	NH	F	Claunch, Valerie	JR	---	---	---